

New Harvard Medical School & Johns Hopkins Studies Report... Spectacular Anti-Aging Ingredient Discovered in Red Wine!

Revatrol's Unique 95% OPC Formulation delivers 100mg of this Key Anti-Aging Ingredient, the equivalent of 50 bottles of Red Wine.

Dear Friend,

Late last year, the world renowned Harvard Medical School released news of a breakthrough study on a key ingredient in Red Wine – Resveratrol.

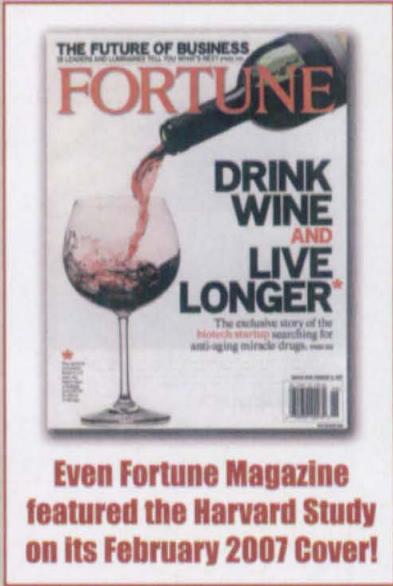
According to Dr. David Sinclair of the Harvard Medical School Study... "It's the Holy Grail of aging research."

So when the results from this Harvard Medical School study on Resveratrol, which may have revealed the French secret to living a lot healthier and up to 42% longer were released, it spread like wild fire all over the world.

Literally hundreds of major TV news stations, newspapers, and news magazines in dozens of languages around the world picked up the story, many of which sought my thoughts on the implications.

I'm Dr. William S. Gruss M.D., cardiologist and internist, and I'm known as one of the world's leading medical advocates for resveratrol and antioxidants.

The fact is, this was purely an animal study and doesn't really tell us much more than what many of us in the medical industry already suspect, which is... Resveratrol may be the single most important anti-aging supplement ever discovered by science.



Even Fortune Magazine
featured the Harvard Study
on its February 2007 Cover!

We're talking about how long you're going to live!

While I believe that human studies will eventually prove me correct, all we have for now with regards to humans is the powerful anecdotal stories that have circulated over the past 30 years about the benefits of moderate red wine consumption.

The most famous anecdotal example was, of course, the CBS *60 Minutes* feature story on the "Red Wine Paradox" back in the late 1970s, which attempted to address why people in France can eat such a high fat diet, smoke and drink what they like, and still live so much longer and healthier.

Since the airing of the *60 Minutes* story and other anecdotal case studies over the years, moderate wine consumption has been recommended by many very reputable cardiologists and physicians around the world, as well as myself, for decades.

So, when the opportunity to help develop **Revatrol** arose, I jumped at the opportunity. But... I insisted on three very fair, but iron clad, guarantees from the makers of **Revatrol**, Renaissance Health Publishing, LLC...

I believe **Revatrol** is the best anti-aging formulation available and it has my involvement and endorsement.

First, I insisted that **Revatrol** HAD to contain the highest possible bio-flavonoids called oligomeric proanthocyanidins – or OPCs.

OPCs are VERY IMPORTANT because they fight free radicals that cause accelerated aging and are crucial for supporting healthy circulation and strengthening capillaries.

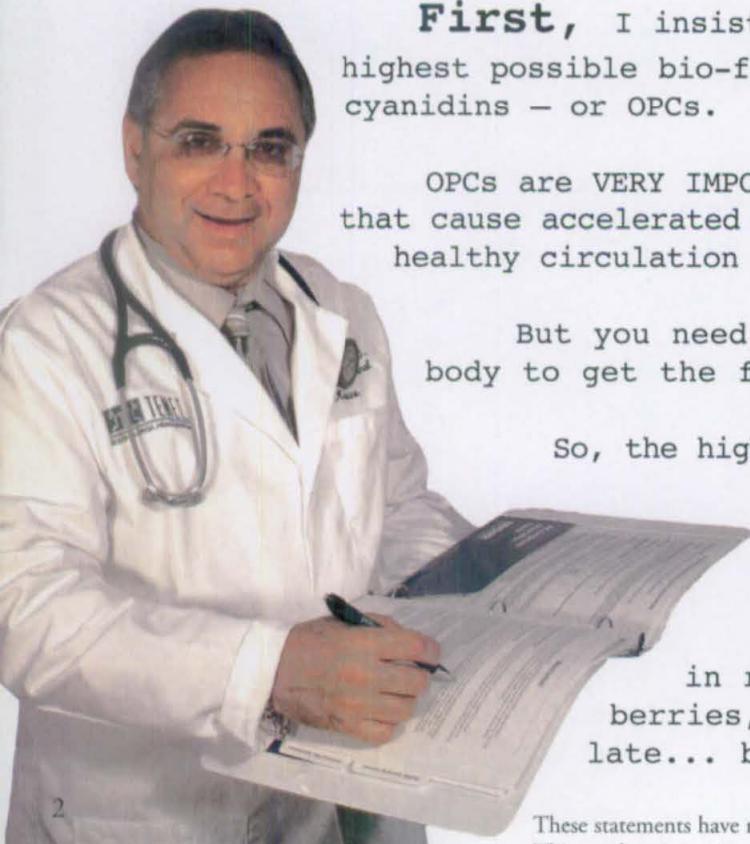
But you need a high concentration of OPCs in your body to get the full benefit!

So, the higher the percentage of OPCs you take, the more of the active ingredient you get, and the more powerful the free-radical neutralizers you get working in your body.

The highest amounts of OPCs are found in red wine. They are also found in most berries, turmeric, apples and even dark chocolate... but they are the highest in red wine.

After six months, resveratrol essentially prevented most of the negative effects of the high calorie diet (in mice)..."

-Dr. Rafael de Cabo,
according to www.nih.gov



Most brands of red wine supplements that compete with **Revatrol** have 5% of OPCs at best. Some, I've found, have only a disgraceful TWO PERCENT, but...

Revatrol has the most OPCs I've ever seen offered – an astonishing 95%!

Second,

Revatrol's formulation had to include three anti-oxidants that I consider key to anti-aging and better health: Alpha Lipoic Acid, Acetyl-L-Carnatine and Quercetin.

- **Alpha Lipoic Acid** is one of nature's most versatile antioxidants with two important jobs: First, it neutralizes free radicals, which helps protect your brain, eyesight, liver and overall energy level. Alpha Lipoic acid is a key brain protector because it is BOTH water and fat soluble, so it can get to all places in the body, including your brain, where it can protect you from a free radical attack.

Alpha lipoic acid rejuvenates exhausted antioxidants like vitamins E and C, and coenzyme Q10. For example, alpha lipoic acid replenishes vitamin E as it is used up fighting free radicals oxidizing LDL "bad" cholesterol. Once replenished, the vitamin E can get back to doing its job to squash free radicals.⁽¹⁾

It's like having a constant supply of reinforcement soldiers that are always ready and able to take over so there's a fresh fighting force!

The French Paradox:

2-3 glasses of wine a day reduced death rates by 30%!

"Paris (AP World News) 19 February 1998 – "The French scientist who showed the world that wine is good for the heart has a new discovery. Two to three glasses of wine a day reduce death rates from all causes by up to 30 percent. Serge Renaud states in the *Journal of Epidemiology*, 'wine protects not only against heart disease, but also against most cancers.' His study of 34,000 middle-aged men living in eastern France supports what has become known as the 'French Paradox.'

"Frenchmen eat lots of saturated fats, but still live a long time. The results were the same for smokers, nonsmokers and former smokers, he said. There were no differences between white-collar and working-class drinkers. In addition, recent studies in the United States found that a drink of almost any alcohol can lower death rates by reducing the risk of cancer disease. Renaud, however, maintains that wine is the answer. It acts against heart ailments in cancers because of its antioxidant action of the polyphenol compounds in the grapes (the OPCs or proanthocyanidins). He warns, however, 'wine is a more diluted form of alcohol and must be taken in moderation. After four glasses a day, wine has an adverse affect on the death rates and, although it still protects the heart, excess drinking raises the dangers of cancers and liver disease."

In the *Epidemiology* article, Renaud reported a 30 percent reduction in death rates from all causes from two to three glasses of wine per day, a 35 percent reduction from cardiovascular disease, and a 24 percent reduction from cancer. He is a cardiologist who works with the prestigious Inserm Unit at the University of Bordeaux. His book, *Healthy Diet*, is popular in France."

Remember, **Revatrol** gives you the equivalent of resveratrol found in 50 bottles of red wine - in one pill!

(1) Sinatra, ST, DeMarco J. Free radicals, oxidative stress, oxidized low-density lipoprotein (LDL) and the heart; antioxidants to limit cardiovascular damage. Conn Medicine, 1995;59:579-588

It has also been shown to improve blood flow to peripheral nerves and stimulate the regeneration of new nerve fibers – this is important for people who have to constantly worry about the side effects of unbalanced blood sugar levels.

- * **Quercetin** is another powerful antioxidant that occurs naturally in red wine, however it's found in the highest amounts in the skins of apples, tea, onions, nuts, berries, cauliflower and cabbage.

Quercetin has many of the same properties as resveratrol, and when they are combined together, quercetin makes resveratrol work better in your body by increasing bio-availability!

That's great because resveratrol has a tough time on its own getting into the body.

Quercetin, just like in a glass of wine, helps get it to work more efficiently. Quercetin also has some other important qualities such as reducing chronic pain in some types of non-bacterial prostatitis.*

Many other red wine extract products leave out this important ingredient, making them much less compelling formulations than **Revatrol**. You won't find resveratrol and quercetin together in most other formulas!

- * **Acetyl-L-Carnitine** helps your heart and brain by transporting fats into the "engine" powerhouse of each cell – your mitochondria – where the fat is burned for energy. This natural energy keeps your body moving and your heart pumping strongly. Simply put... you can't burn fat without it!

Acetyl-L-Carnitine also has potent antioxidant activity. Several gold standard studies show that it helps people who've had strokes and advanced memory and cognitive loss.

For instance, a double-blind placebo study was done on 130 patients with advanced cognitive problems. It followed their progress or deterioration for a year straight. At the end of the year, there was a statistically significant difference

See the value for yourself...

Only **Revatrol** gives you the **HIGHEST** potency and quality!

Brand Name	Red Wine Extract	OPC Level	Actual Resveratrol ¹	Alpha Lipoic Acid	Acetyl-L-Carnitine	Quercetin
Revatrol™	100mg	95%	100mg	100mg	100mg	100mg
Longevinex™	100mg	15%	NA	None!	None!	75mg
French Paradox - Arkopharma™ (seed/skin combo)	250mg	2%	NA	None!	None!	None!
Doctor's Best Best French™ Grape Extract (seed/skin combo)	60mg	NA	NA	None!	None!	None!
Veriuni Red Wine Extract™	50mg	NA	NA	None!	None!	None!
Red Wine Extract/Natural Elixir™	200mg	NA	NA	None!	None!	None!
Resvert™	25mg	NA	25mg	None!	None!	100mg
Red Wine Plus/NAC Vitamin Co.™	NA	NA	NA	None!	None!	None!

NA = Not available * Information based on websites of these products ** Resvert contains 100MG of Proanthocyanadins *** Longevinex – contains 25MG Rice Bean Extract (phytic acid), 100MG Lecithin, and Gelatin. ¹ Elemental Content

There's no question about it — Revatrol gives you the most for your money. Call 1-866-482-6678 or turn to page 19 now to get the best price per box.

in how these patients scored on their logical intelligence, long-term verbal memory and attention.⁽²⁾

Another double blind placebo study showed that acetyl-L-carnitine can help support good concentration and attention.⁽³⁾

Third, I wanted to be able to change **Revatrol** at any time if I believe the change would improve **Revatrol**. Thanks to a lot of hard work and research, **Revatrol** now contains **100mg of actual Resveratrol, the equivalent of 50 bottles of red wine.**

I like this amount of 100MG of Resveratrol in concert with the 95% OPC level, **Alpha Lipoic Acid, Acetyl-L-Carnatine** and **Quercetin**. While it is not equivalent to the 750 to 1500 bottles a day fed to the mice (can you imagine that much?) used in the Harvard Medical School study, it is a formulation I believe, as a physician and cardiologist, that makes sense.

Studies suggest that resveratrol increased mitochondrial biogenesis leading to increased exercise endurance and protection from diet induced obesity. There was a loss of weight due to decreased fat, and this was attributed to an increase in the number and function of mitochondria. There also was improved insulin sensitivity and an increased metabolic rate. **It actually switches on the genes that repair DNA and helps you avoid the bad effects of a calorie-laden, high fat diet.**

This new formulation of **Revatrol** contains no alcohol, no sugar, and no calories and has no side effects. Just one caplet a day is designed to help you fight fatigue and feel more energized, protect your heart and arteries, and maintain better cholesterol levels while also keeping your skin looking firm, fresh and vibrant; benefits all associated with moderate red wine consumption and the anti-oxidant formulation in **Revatrol**.



William S. Gruss, M.D.

Dr. Gruss is a well-respected internist and cardiologist who specializes in preventive cardiac care for patients who suffer from chronic heart problems, high cholesterol and blood pressure, and diabetes. Dr. Gruss strongly believes that with the right nutrients, diet and attitude, you can now not only live longer, but you can stay healthy, active and live your life to the fullest well into your 80s and 90s. Dr. Gruss is Board Certified in Internal Medicine and has been in private practice in Boca Raton, Florida since 1986, where the majority of his patients are over age 50. A graduate of the University of Maryland Medical School, Dr. Gruss did his residency and Fellowship in Cardiology at the prestigious Mt. Sinai Medical Center in Miami.



Harvard Medical School Study: **Resveratrol Key to Longer Life!**

Is there really a magic bullet in the search for a legitimate anti-aging answer? Researchers at the Harvard Medical School and the National Institute on Aging report that a natural substance found in red wine, known as resveratrol, offsets the bad effects of a high-calorie diet in mice and significantly extends their lifespan. Their report, published online recently in *Nature*, implies that very large daily doses of resveratrol could offset the unhealthy, high-calorie diet thought to underlie the rising toll of obesity in the United States and elsewhere, if people respond to the drug as mice do.

Resveratrol is found in the skin of grapes and in red wine and is conjectured to be a partial explanation for the French paradox, the puzzling fact that people in France enjoy a high-fat diet yet suffer less heart disease than Americans.

The researchers fed one group of mice a diet in which 60 percent of calories came from fat. The diet started when the mice, all males, were a year old, which is middle-aged in mouse terms. As expected, the mice soon developed signs of impending diabetes, with grossly enlarged livers, and started to die much sooner than mice fed a standard diet.

Another group of mice was fed the identical high-fat diet but



"We have something (resveratrol) that extends the life of every species it's (been) given to. We're 50 years ahead of where I thought we would be 10 years ago."

- Dr. David Sinclair,
Associate professor of pathology at
Harvard Medical School, reported from
the NY Times.

with a large daily dose of resveratrol (far larger than a human could get from drinking wine). The resveratrol did not stop them from putting on weight and growing as tubby as the

other fat-eating mice, but it averted the high levels of glucose and insulin in the bloodstream, which are warning signs of diabetes, and it kept the mice's livers at normal size.

Even more striking, the substance sharply extended the mice's lifetimes. Those fed resveratrol along with the high-fat diet died many months later than the mice on high fat

alone, and at the same rate as mice on a standard healthy diet. They had all the pleasures of gluttony but paid none of the price.

Scientists have long known that a moderate intake of alcohol and red wine in particular, is associated with a lowered risk of heart disease and other benefits. More recently, scientists began to suspect resveratrol

had particularly powerful effects and began investigating its role in lifespan.

The researchers led by David Sinclair and Joseph Baur at the Harvard Medical School and by Rafael de Cabo at the National Institute on Aging, also tried to estimate the effect of resveratrol on the mice's physical quality of life. They gauged how well the mice could walk along a rotating rod before falling off, a test of their motor skills. The mice on resveratrol did better as they grew older, ending up with much the same staying power on the rod as mice fed a normal diet.

The researchers hope their findings will have relevance to people too. Their study shows, they conclude, that orally taken drugs "at doses achievable in humans can safely reduce many of the negative consequences of excess caloric intake, with an overall improvement in health and survival."

Several experts said that people wondering if they should take resveratrol should wait until more results were in, particularly from safety tests in humans. Another caution is that the theory about why resveratrol works is still unproved.

"It's a pretty exciting area, but these are early days," said Dr. Ronald Kahn, president of the Joslin Diabetes Center in Boston.

Information about resveratrol's effects on human metabolism should be available in a year or so, Dr. Kahn said, adding, "Have another glass of pinot noir — that's as far as I'd take it right now."

The mice were fed a hefty dose of resveratrol, 24 milligrams per kilogram of body weight. Red wine has about 1.5 to 3

milligrams of resveratrol per liter, so a 150-lb person would need to drink 750 to 1,500 bottles of red wine a day to get such a dose.

Dr. Sinclair, the chief author of the study, has long been taking resveratrol (red wine extract supplement). "Mice given that amount in a second feeding trial have shown similar, but less pronounced, results as those on the 24-milligram-a-day dose," he said (Revatrol has 100MG of actual resveratrol which is the equivalent of 50 bottles of red wine).

Dr. Sinclair has had a physician check his metabolism, because many resveratrol preparations contain possibly hazardous impurities, but so far, no ill effects have come to light. His wife, his parents, and "half my lab" are also taking resveratrol, he said.

Dr. Sinclair is the founder of a company, Sirtris Pharmaceuticals, which has developed several chemicals intended to mimic the role of resveratrol but at much lower doses. Sirtris has begun clinical trials of one of these compounds, an improved version of resveratrol, with the aim of seeing if it helps control glucose levels in people with diabetes.

"We believe you cannot reach therapeutic levels in man with ordinary resveratrol," said Dr. Christoph Westphal, the company's chief executive.

Behind the resveratrol test is a considerable degree of scientific theory, some of it well established and some yet to be proved. Dr. Sinclair's initial interest in resveratrol had nothing to do with red wine. It derived from work by Leonard Guarente of the Massachusetts Institute of Technology who found a gene that controlled the longevity of yeast, a single-celled fungus.

Dr. Guarente and Dr. Sinclair, who had come from Australia to work as a postdoctoral student in Dr. Guarente's laboratory, discovered the mechanism by which the gene makes yeast cells live longer. The gene is known as Sir-2 in yeast, sir standing for silent information regulator, and its equivalent in mice and humans is called SIRT-1.

Dr. Guarente then found that the gene's protein needed a common metabolite to activate it, and he developed the theory that the gene, by sensing the level of metabolic activity, mediates a phenomenon of great interest to researchers in aging, the greater life span caused by caloric restriction.

Researchers have known since 1935 that mice fed a calorie restricted diet — one with all necessary vitamins and nutrients but 40 percent fewer calories — live up to 50 percent longer than mice on ordinary diets.

This low-calorie-provoked increase in longevity occurs in many organisms and seems to be an ancient survival strate-

gy. When food is plentiful, live in the fast lane and breed prolifically. When famine strikes, switch resources to body maintenance and live longer so as to ride out the famine. Most people find it impossible to keep to a diet with 40 percent fewer calories than usual. So if caloric restriction really does make people, as well as mice, live longer — which is plausible but not yet proved — it would be desirable to have some drug that activated the SIRT-1 gene's protein, tricking it into thinking that days of famine lay ahead.

In 2003 Dr. Sinclair, by then in his own laboratory, devised a way to test a large number of chemicals for their ability to mimic caloric restriction in people by activating SIRT-1. The champion was resveratrol, already well known for its possible health benefits.

Critics point out that resveratrol is a powerful chemical that acts in many different ways in cells. The new experiment, they say, does not prove that resveratrol negated the effects of a high-calorie diet by activating SIRT-1. Indeed, they are not convinced that resveratrol activates SIRT-1 at all.

"It hasn't really been clearly shown, the way a biochemist would want to see it, that resveratrol can activate sirtuin," said Matt Kaeberlein, a former student of Dr. Guarente's who does research at the University of Washington. Sirtuin is the protein produced by the SIRT-1 gene.

Dr. Sinclair said experiments at Sirtris had essentially wrapped up this point. But they have not yet been published, so under the rules of scientific debate he cannot use them to support his position. In his *Nature* article, he therefore, has to concede that "Whether resveratrol acts directly or indirectly through Sir-2 in vivo is currently a subject of debate."

Given that caloric restriction forces a trade-off between fertility and lifespan, resveratrol might be expected to reduce fertility in mice. Dr. Sinclair said he saw no such infertility in his experiment, but he said that might be because the mice were not on a low-calorie diet.

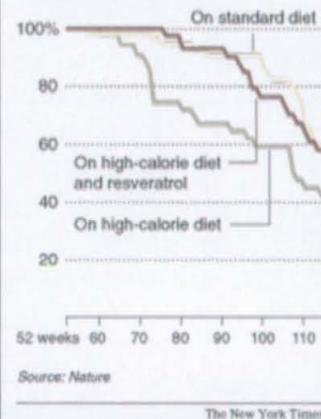
If resveratrol does act by prodding the sirtuins into action, then there will be much interest in the new class of sirtuin activators now being tested by Sirtris. Dr. Westphal, the company's chief executive, has no practical interest in the longevity-promoting effects of sirtuins and caloric restriction.

For the Food and Drug Administration, if for no one else, aging is not a disease and death is not an end-point. The F.D.A. will approve only drugs that treat diseases in measurable ways.

Forget the Cheese

A new study found that resveratrol, a natural substance found in red wine, offsets the bad effects of a high-calorie diet in mice and extends their lifespan.

Proportion of mice surviving



Source: *Nature*

The New York Times

THERE IS JUST ONE CATCH to this good news and new formulation for **Revatrol**: The first production of this new **Revatrol** formulation will arrive in 6-8 weeks and I was able to produce ONLY enough for 3,000 people for 3 months. Keep in mind we have over 25,000 customers who have purchased **Revatrol** in the last 18 months. So, having enough for only 3,000 people is a BIG problem.

Our laboratory is working at full steam and won't be able to ship more until June, and even then, the second run will be just enough for the first 3,000 people to continue for another three months. So if you believe, as I do, that **Revatrol** is a must take supplement every day and you want to start taking this new 100MG Actual Resveratrol formulation, you must order immediately.

This new *Revatrol* formulation costs almost 30% more to produce, but through this initial offering, we're holding to our original low price to YOU.

You're being given first chance to reserve up to a 6 month supply of the NEW 100mg Actual Resveratrol formulation of **Revatrol**, at the same price as the old formula.

To make this very easy, I have included an Order Form that will allow you to order up to a 6 month supply of this new 100MG ACTUAL Resveratrol formula of **Revatrol** or set up an automatic refill shipment every 30 days so it arrives like clock-work.

Making it even easier and more cost effective, you can order this new formulation of **Revatrol** and be guaranteed FREE SHIPPING & HANDLING if you order in the next 7 business days. (We may be sold out in less than that time so please call ASAP).

Remember, studies suggest the anti-oxidants included in the *Revatrol* formula are very powerful:

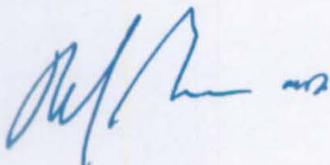
- 20 times more powerful than Vitamin C
- 50 times more powerful than Vitamin E

- ▶ A 6 month supply is only \$179.95 (Our best deal!)
- ▶ A 3 month supply is only \$99.95
- ▶ Monthly auto-ship is just \$36.95

Time is of the essence, I believe we will be sold out of this new formulation within days of mailing this letter.

To lock in delivery within 6-8 weeks, please call **TOLL FREE 866-482-6678** and order immediately before the supply is completely wiped out.

Sincerely,



Dr. William S. Gruss, MD.
For Renaissance Health Publishing, LLC

Three Special FREE GIFTS if you ORDER TODAY...

FREE Gift #1:

This special report
(worth \$6.95)!

When you place your order for a one-month supply of *Revatrol* for just

\$39.95, you'll also receive a FREE Special Report called *The Magic of Red Wine*. This brand new Special Report — based on the CBS *60 Minutes* story that first broke the French Paradox red wine discovery — is worth \$6.95, but you get it FREE.

The Magic of Red Wine unlocks the secret of resveratrol in greater detail and compares red wine extract brands for quality and potency. You'll also learn



healthy and delightful ways to incorporate red wine extract—and red wine itself—into your healthier new life. You'll learn things like what countries to buy wines from...and what other food sources contain powerful OPCs.

If you're intrigued at all by how the French manage to live longer and live better than the rest of the world — *without even trying* — then you'll really want to read this Special Report. Overall, that's a combined value of \$61.90 for only \$39.95!

Or if you are serious about enjoying the true, long-term benefits of *Revatrol*, then I recommend you...

Try a three-month supply for greater discount...and get two more FREE gifts!

FREE Gift #2:

This special report
(worth \$6.95)!



If you're ready to give red wine extract a try, I strongly suggest you order a three-month supply — you'll get a much better discount on *Revatrol* that way. A three-month supply of *Revatrol* is just \$99.95. This discount saves you \$64.90 off the regular price, plus you'll have enough supply on hand to keep you from running out for a while.

By staying on *Revatrol* for a longer period of time, you'll love

To see what's happening to your cells every day...peel an apple!

If you peel an apple...it turns a moldy brown color, right? That's called oxidation — and you see it in your body when free radicals cause premature aging by wrinkling skin, hardening arteries, stiffening joints or forming cataracts. The same thing happens when you see paint colors fade on the wall or rubber tires get old and hard...and that's what's happening inside your cells right now!

Your cells constantly suffer the negative effects of free radicals from pollution in the air, food additives, high-fat diets, sodas and processed foods, smoking, infections, and even emotional stress!

Free radicals can multiply by attacking the mitochondria of your cells — which are the center “engine rooms.” They are at the root cause of many health concerns.

Free radicals are actually “mutant” molecules that are missing a part — actually a neutron or a



proton — so they attack and try to grab a part from another healthy molecule to make themselves whole. What's frightening is that as they keep attacking healthy molecules, they create a continuous chain of “free radicals.” This kind of domino effect in your body happens every day.

Your only choice is to neutralize as many free radicals as possible

Especially those in your heart and brain because they contain the most mitochondria. Toxins in our foods, cosmetics, cleaners and even tap water can speed up the aging process. It can make you look and feel older than you really are!

And that's where *Revatrol* comes to the rescue. The three powerhouse antioxidants in this breakthrough discovery work together at the cellular level to reverse aging of your DNA, which is your very life source.

ONE caplet a day gives you the equivalent of 50 bottles of Red Wine!

No more gulping down a bunch of pills like you have to with a lot of other natural supplements. With *Revatrol* you only need to take ONE caplet a day. Because it's a caplet — not a tablet — it's easier to swallow, too! So just take one per day and forget about it for the rest of the day. It feels great to know that when it comes to your health — you're COVERED!

One caplet of *Revatrol* gives you:

Red Wine Extract	100 mg
Actual Resveratrol	100 mg
Quercetin	100 mg
Acetyl-L-Carnitine	100 mg
Alpha Lipoic Acid	100 mg



the lasting benefits that a high-powered red wine extract complex has to give you.

Plus, with your three-month supply, you'll receive another very important Special Report FREE: *The Next Generation of Super Nutrients*. This Special Report names the most recent, cutting-edge findings in the natural supplement world...and how to take them. Many of these nutrients are ones you've probably never heard of and may not for years to come until the main-

stream catches on to them!

In *The Next Generation of Super Nutrients*, you'll learn more about other potent antioxidants, what's safe to take for pain, and what to do now that many antibiotics don't seem to be working anymore. Even if you're a long-time supplement buyer and user, I guarantee you'll find the next big breakthrough in this report.

Now here's the very best discount you can get...

The lowest price-per-box — it's like getting a box FREE! Plus three FREE gifts!

FREE Gift #3:

This special report (worth \$6.95)!



If you're the kind of person who likes to get the *best bargain* on a high-quality product, you'll appreciate this discount: You can get the lowest price-per-box on *Revatrol* when you order a six-month supply for just \$179.95. That's a savings of \$149.75 off the regular price — it's like getting nearly 3 boxes for FREE!

Less Damage from a Stroke.

The scientists from Johns Hopkins University fed mice resveratrol before inducing stroke-like damage. They discovered that the animals suffered less brain damage than similarly damaged mice who were not treated with the compound (*Reuters, Oct. 15, 2006*).

Is your body starving for higher-powered antioxidants?

Check below if you...

- are over age 35
- smoke or used to smoke
- have bad nails or hair
- have trouble maintaining good cholesterol levels
- don't get enough sleep
- forget to eat your vegetables
- have trouble remembering details, appointments or names
- have blood pressure problems
- worry about your family health history
- catch colds or flu easily
- like junk food
- often skip exercising
- use household cleaners and cosmetics
- take prescription medications
- live near a city with heavy traffic
- drink tap water
- don't drink red wine

If you checked three or more of the above, then extra antioxidant protection is critical for you now! Free radicals are attacking every system of your body daily.

Now is the time to give your body what it needs most — the powerful trio of nutrients you'll only find in *Revatrol*. Why not order your supply today...and get started enjoying vibrant good health for years to come? It's so easy to make yourself feel good again! Call 1-866-482-6678 or turn to page 19 now to get the best price per box.

Let me tell you the best three reasons to order the six-month supply:

1 You get the very best discount and save extra on shipping and handling by buying it all at once...

2 You don't have the hassle of re-ordering for quite a while...and...

3 You may have a spouse or a friend you will want to try red wine extract and this is the best way to get a deal on it for *both* of you.

And, with your six-month

supply of *Revatrol* you'll also receive both of the Special Reports I named above, plus an important third one: 48 Ways to Look and Feel Younger Naturally.

This special report gives you the best natural secrets I've collected from all over the world to help you keep your youthful appearance. You get 48 of the best natural remedies including skin tricks, natural facials, age spot removers, wrinkle smoothers, weight loss secrets, detoxing discoveries, memory boosting games, sex life enhancers, hormone helpers, all

kinds of natural pain remedies and more!

All 48 of these discoveries are natural and simple to do. And you'll love the results!

Here's an *extra* way to save some money on *Revatrol*, too...

Get FREE shipping by ordering in the next 7 days

If you want to save some extra money, please order your *Revatrol* in the next seven days — that way you can get FREE shipping and handling. You pay nothing to have this life-giving formula shipped directly to your house!

Frequently Asked Questions about *Revatrol*

Q: Is red wine extract a drink?

A: No, it is a potent ingredient that is extracted carefully from the skin of certain types of grapes. Scientists process it in a laboratory setting to preserve this precious nutrient in a capsule. With *Revatrol*, you just take ONE CAPLET a day and you get the same amount of resveratrol — the powerful antioxidant found in red wine — as you would if you drank 50 bottles of red wine! It's a much simpler and healthier way to get a more advanced antioxidant complex that protects your brain, heart, immunity and more!

Q: Can I just drink more red wine to get resveratrol?

A: Although red wine is one of life's great pleasures, drinking more of it means a load of extra sugars, calories, and carbs...not to mention the unpleasant side effects of alcohol. Taking a red wine extract supplement made from high quality grapes like *Revatrol*, is the safest and easiest way to get high amounts of resveratrol. *Revatrol* has the highest OPC ratings of any red wine extract formula I know of — a hefty 95 percent! Its nearest competitor has only 30

percent! There really is no comparison!

Q: Does *Revatrol* contain any alcohol or sugars?

A: Absolutely no alcohol or sugars are used in this formula.

Q: How do I know if *Revatrol* is for me?

A: This formula is for you if you're worried about aging too quickly and want more...

- | | |
|--|---|
| <input type="checkbox"/> Heart protection | <input type="checkbox"/> Wrinkle protection |
| <input type="checkbox"/> Healthy eye support | <input type="checkbox"/> Brain boosting power |
| <input type="checkbox"/> Guard against stroke | <input type="checkbox"/> Memory protection |
| <input type="checkbox"/> Normal cholesterol levels | <input type="checkbox"/> Circulation support |
| <input type="checkbox"/> Protection against toxins | <input type="checkbox"/> Blood pressure support |
| <input type="checkbox"/> Free radical fighting power | <input type="checkbox"/> Homocysteine support |

Of course, the only way to know is to give it a try. You can get *Revatrol* absolutely risk free with a 100 percent money-back guarantee — just return it if you don't think it works for you. Just call 1-866-482-6678 or turn to page 19 now to get the best price per box.

Protect Yourself From Head

Healthy heart, arteries and normal cholesterol levels

Every day the most important muscle in your body is attacked by free radicals — your heart. They tear away at your artery walls and slow circulation.

Red wine extract has been shown to help reduce blood stickiness or clumping, help improve circulation and inhibit the oxidation of LDL "bad" cholesterol that can threaten your arteries and heart health.¹¹

Red wine extract also helps prevent the oxidation of HDL "good" cholesterol. When HDL is oxidized, it becomes LDL "bad" cholesterol. The OPCs make it harder for cholesterol deposits to stick to your vascular walls. It also works with other antioxidants to eliminate extra cholesterol, helping you to naturally monitor healthy cholesterol levels. With *Revatrol*, you can worry a lot less!

Maintains healthy veins, circulation and blood pressure

First and foremost, red wine extract is a vasodilator — which means that it opens up your arteries and capillaries to rush more blood and oxygen to your organs. This gives your arteries, capillaries, veins and heart great circulatory support — without the headache or dizziness!

Red wine extract supports strong blood vessels by strengthening their walls. It also keeps damaged, stretched or stiff blood vessels from leaking. This all helps regulate blood flow and pressure, so that oxygen-carrying blood is delivered to your tissues and organs.⁸

Revatrol also helps support normal blood clotting by keeping your blood at the right consistency and flowing freely.⁹

Only one red wine extract formula gives you this combo of powerhouse antioxidants to help you fight free-radicals: *Revatrol*! Just look at all that ONE CAPLET A DAY can do for you!

8 Folkers, K., et al., Journal of Optimal Nutrition, 1993; 2(4): 264-74.

9 Demirov H.S., Slane P.R. & Folts J.D. Administration of wine and grape juice inhibits in vivo platelet activity and thromboses in stenosed canine coronary arteries. Circulation; 91(4): 1182-1188, 1995.

13 Troup (G.J.), Hutton (D.R.), Hewitt (D.G.), Hunter (C.R.), 1994. — Free radicals in red wine but not in white. Free Radic Res. 20, 63-68.

14 Olszewski, A.J.; et al. "Reduction of Plasma Lipid and Homocysteine levels by Pyridoxine, Folate, Cobalamin, Choline, Riboflavin, and Troxerutin in Atherosclerosis." Atherosclerosis 75 no. 1 (Jan, 1989): 1-6.

Flushes unwanted fats out of your digestive tract

OPCs in *Revatrol* are very effective at preventing the oxidation of fatty foods after meals. Because much of our oxidative stress occurs after we have a nice high-fat meal, red wine's unique ability to minimize fat oxidation during digestion is an amazing boost to your cardiovascular system.¹²

One study shows that the French and the Italians — who drink red wine with almost every meal — have fewer heart problems than Finnish or Irish people who typically have LOWER-FAT diets and drink very little red wine¹³.

Red wine promotes proper blood flow throughout the body, and has been shown to promote healthy homocysteine levels¹⁴.



-to-Toe! *Revatrol* has it all!

Brain and memory protection

Remember that your brain is over 60% fat — and free radicals love fat! When they go after your brain you experience the symptoms of aging rapidly. You begin to forget names, appointments and details to stories or directions to familiar places.

The free radical neutralizers in acetyl-l-carnitine and alpha lipoic acid are a virtual “memory cocktail” for your brain.

You can keep your thinking clear and focused every day with *Revatrol*!

Keeps skin looking young, tight, and fresh

Free radicals go after your skin and this is the first place you notice the premature signs of aging. *Revatrol* has the highest amount of OPCs, which keep your skin healthy and youthful in appearance. It does this by protecting the collagen and elastin in your skin.

But all your skin knows is that you get softer hands, fewer facial lines, and a clearer, smoother, more glowing complexion.

This product has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

10 B Takkouche, C Regueria-Mendez, R Garcia Closas, A Figueras, JJ Gestal-Otero, MA Hernan, Intake of wine, beer and spirits and the risk of clinical common cold, Amer Journ of Epidem, 2002, 155 (9): 853-858.

Fortifies your immunity by fighting free radicals

Scientists studied the health of 4,272 faculty and staff members of five Spanish universities to see if their wine, beer or spirits intake was associated with risk of the common cold. They found that those who drank red wine had a lower risk of getting the common cold — whereas other alcohol consumption had no advantageous effect.¹⁰

When your cells are weak, your immune system goes into overdrive. It works constantly to weaken your immunity. Immunity suffers because it's working to support all of these other functions, so you're more susceptible.

The resveratrol in red grape skins can give you a seasonal advantage and protect you from colds, flu bugs and infections that can bring you down. Red wine extract is also a great defense mechanism against fungi other toxins that are often at the root of immune problems.

This is a major reason to rely on *Revatrol* to keep you going when your immune system is constantly under fire.

Turn to page 19 now to order *Revatrol* at the lowest price-per-box!

**Or call 1-866-482-6678
for faster delivery!**

11 Chanvitayapongs S, Draczynska-Lusiaik B, Sun AY. Amelioration of oxidative stress by antioxidants and resveratrol in PC12 cells. Neuroreport8:1499-1502, 1997.
12 Ursini F, Sevanian A. "Wine Polyphenols and Optimal Nutrition." Ann N Y Acad Sci 2002 May;957:200-209.

Let Me Send You This FREE GIFT

...Along With Your Supply of This
Remarkable French Antioxidant Secret!

Our **GOOD DISCOUNT** on Revatrol is only \$39.95, plus shipping and handling—regularly \$5.99—but it's **FREE** if you order in the next 7 days!

A one-month supply includes:

- One box of *Revatrol* caplets (a one-month supply)
- **PLUS FREE GIFT #1: The Magic of Red Wine** (valued at \$6.95)

In this new Special Report, you'll learn everything there is to know about red wine, red wine extract, and how the French use it to stay healthy and young looking well into their later years. You'll discover:

● **How to pick the right wines** in restaurants and stores—for health and for flavor!

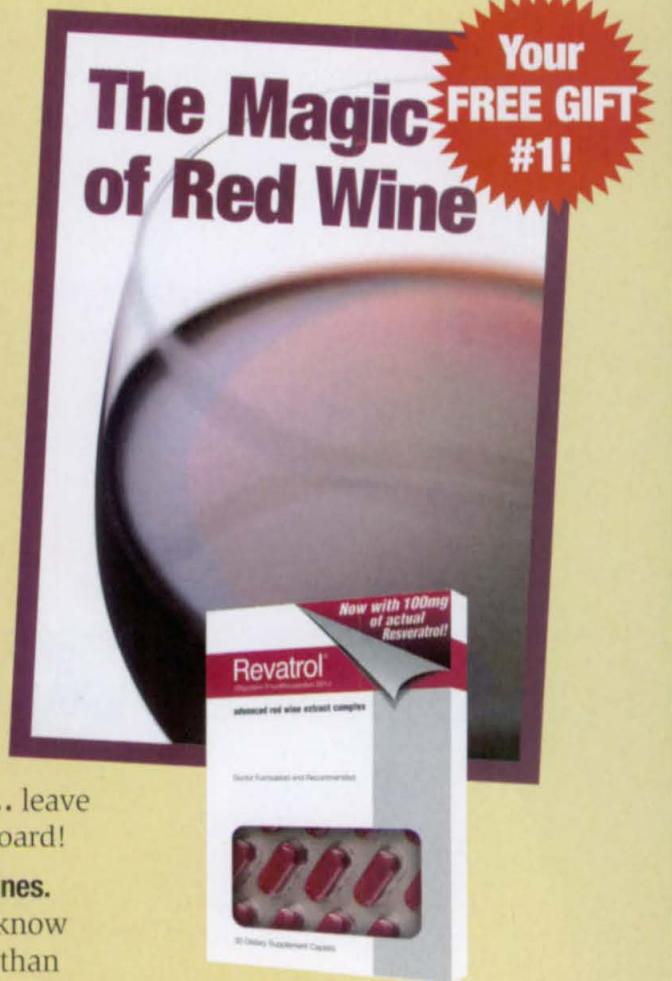
● **Wine is just grape juice** ...so you can get the same benefits from drinking

grape juice, right? **WRONG!** Red wine contains this nutrient that no other juice or wine does for your heart and your brain.

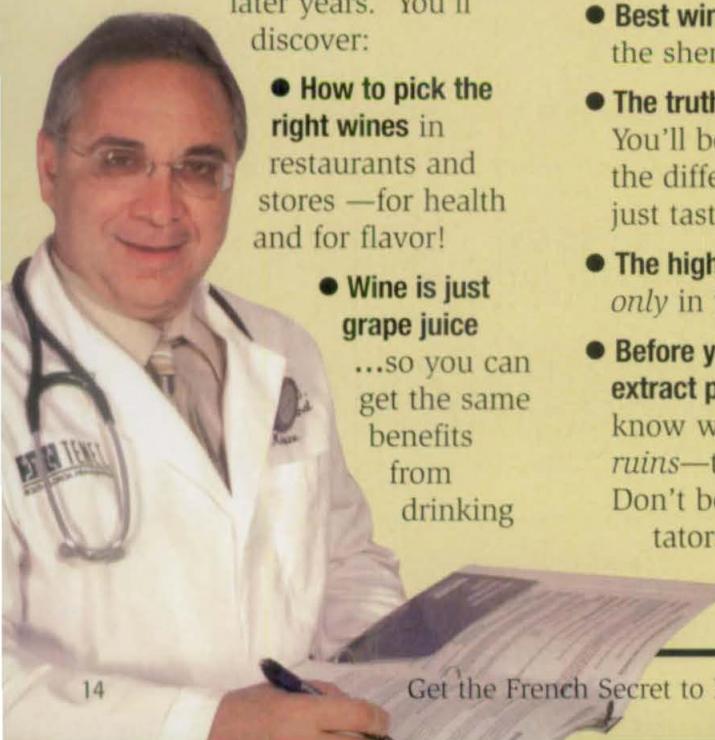
- **Best wines for cooking...** leave the sherry in the cupboard!
- **The truth about white wines.** You'll be surprised to know the difference is more than just taste.
- **The highest sources of OPCs** are *only* in this type of grape.
- **Before you buy any red wine extract product,** you should know what preserves—and ruins—the precious nutrients! Don't be fooled by cheap imitators.

The Magic of Red Wine

Your
FREE GIFT
#1!



- **The true story of the French Paradox secret.** Learn how it was discovered by scientists who loved to eat!
- And so much more!



Get Another FREE GIFT and a Great Discount on Revatrol!

Our **GREAT DISCOUNT** on Revatrol gives you a three-month supply for just \$99.95!

A three-month supply includes:

- Three boxes of Revatrol caplets (a three-month supply)

PLUS

- **FREE GIFT #1:** *The Magic of Red Wine* (valued at \$6.95)
- **FREE GIFT #2:** *The Next Generation of SuperNutrients* (valued at \$6.95)

The Next Generation of SuperNutrients reveals the latest and greatest natural breakthroughs—those that are just emerging from cutting-edge scientific studies and top medical journals from all over the world. You'll discover:

- **HOW TO POWER UP YOUR VITAMINS WITHOUT SWITCHING BRANDS.** Just add the “universal power antioxidant,” that not only neutralizes free-radicals but it also boosts the power of vitamin C, vitamin E, and CoEnzyme Q10!
- The “**SMART NUTRIENT**” doctors are hailing as the most natural and effective way to support your brain for **MENTAL CLARITY** and **LESS FORGETFULNESS**.
- The **NEW JOINT NUTRIENT** that works better than chondroitin! This plant-based fatty acid promotes joint repair and improves joint function. Even more cartilage-building power when taken with glucosamine!
- **ENERGIZE YOUR HEART** with this all-natural energy fuel for increased stamina and immunity.
- The vital **ADRENAL GLAND HORMONE THAT HELPS YOU MANAGE STRESS**, memory and other mental activities. Take this natural substitute and boost your immunity and muscle mass, too!
- Long term studies show that people who eat a diet rich in this type of carotenoid have a **BETTER LONG-**

The Magic of Red Wine

The Next Generation of SuperNutrients

Now with 100mg of actual Resveratrol!

Device Formulated and Recommended

TERM HEALTH PROFILE than those that don't. Hint: It's delicious with pasta!

- Two delicious exotic fruits **EASE DIGESTIVE DISCOMFORT FAST**. Take in supplement form...and enjoy these luscious treats after meals!
- The seeds of this sweet fruit fortify **BLOOD VESSELS** for stronger cardiovascular health.
- Two berries that **IMPROVE NIGHT VISION, REDUCE EYESTRAIN**. You probably already know bilberry...but this other berry actually relieves tired, dry, blurry eyes! Take in this combo in these amounts.
- **BUILD BONE** with more than just calcium. This safe new bioflavonoid is proven to stimulate bone formation and bone mineral density.

Get the Lowest Price *Advanced Red Wine Ext*

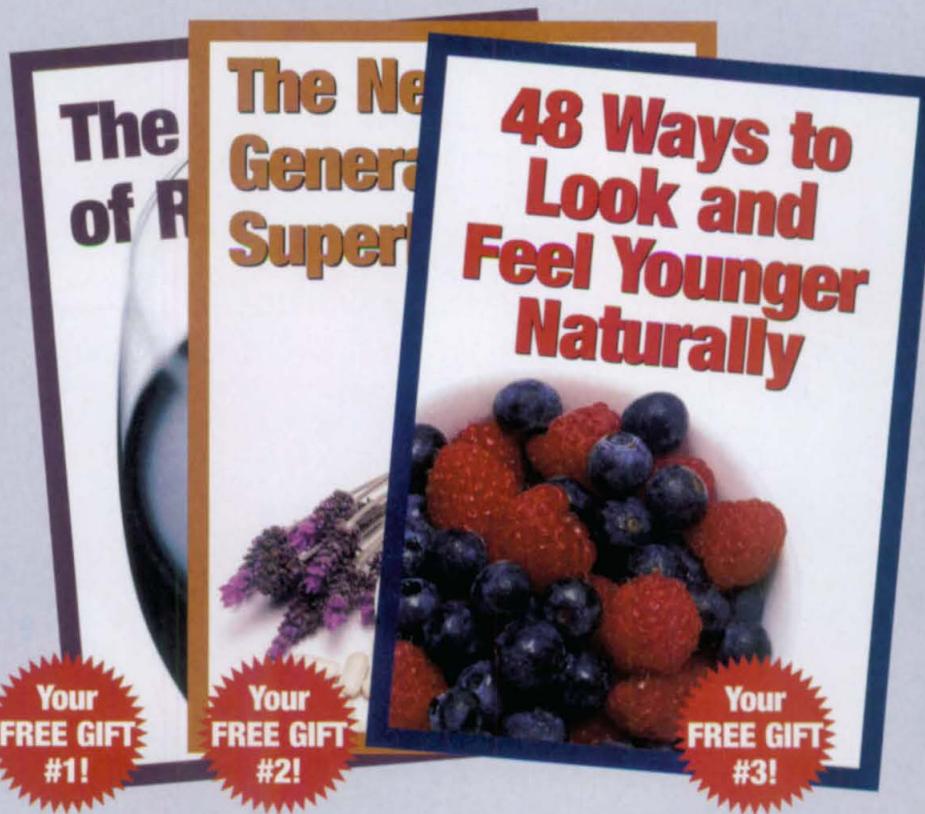
Our **VERY BEST DISCOUNT** on Revatrol gives you a six-month supply for just \$179.95! That's a savings of \$149.75 — a 45% savings.

A six-month supply includes:

- Six boxes of Revatrol caplets (a six-month supply)

PLUS

- **FREE GIFT #1:** *The Magic of Red Wine* (valued at \$6.95)
- **FREE GIFT #2:** *The Next Generation of SuperNutrients* (valued at \$6.95)
- **FREE GIFT #3:** *48 Ways to Look and Feel Younger Naturally* (valued at \$6.95)



Possible on the Most Extract Formula Available!

Here are 48 ways to look great and keep your youthful energy and enthusiasm! These all-natural secrets are simple and easy to do—some are as trouble-free as taking a pill! You'll learn all kinds of ways to keep your skin tight and glowing, your mind free and clear and your body working like a well-oiled machine. Just look at what's in store for you in *48 Ways to Look and Feel Younger Naturally*:

- Four perfectly safe, ephedra-free weight loss nutrients that **WORK WONDERS TO DROP UNWANTED POUNDS**. No stimulants...yet you feel energy and vigor when you're on them!
- The easy way to renew and strengthen your **LIVER** to stop premature aging—take this simple natural herb used for centuries in Europe to detoxify this critical organ.
- **BEST NATURAL FIBER SOURCE**...*without drinking messy, chalky drinks!* Just sprinkle these seeds on your salads or mix in yogurt, pudding or even ice cream!
- Get more **SEXUAL AROUSAL, ENERGY AND STAYING POWER**...with these three natural male potency nutrients. Forget Viagra, these really work!
- This carotenoid from the marigold flower actually feeds the arteries of your eyes for **BETTER VISION!** Works to reduce unwanted cholesterol oxidation and promotes arterial health, too.
- The **DELICIOUS DRINK THAT SPARKS YOUR ENERGY and SOOTHES DIGESTION**. Just one cup a day for great antioxidant protection, too!
- Once ridiculed as "snake oil" by doctors, this vitamin is the most important antioxidant you can take for a **HEALTHY HEART**. But...you must take it in this form!

IMPORTANT HEALTH TIP!

You and your spouse should **BOTH** take it **every morning**. It can serve to further ease your worst health worries (see last page). Call and ask about our special Marriage Package. **Toll-Free 866-482-6678**

- Get **GORGEOUS, GLOWING SKIN** with this green superfood. The Japanese take it daily to clean out toxins that make you age faster than you really are.
- Nuts for snacks...too fattening, right? *Wrong!* Enjoy **YUMMY NUTS AND SEEDS AS HEALTHY FATS**, but make sure they're not cooked this way or you invite unhealthy trans fats into your body!
- **THE FAT THAT SIPHENS VITAMIN E OUT OF YOUR BODY.** This fat is on a lot of the foods you eat, but you must avoid it at all costs! (Processed oils that are toxic, trans fatty acids)
- Add this tasty spice to your foods for a **HEALTHY HDL-to-LDL CHOLESTEROL BALANCE**. You'll love it on bread, in spaghetti sauce and marinades. Try rubbing it on your wooden salad bowl for a really fresh from the garden salad taste!
- Antioxidant found in citrus fruit and peppers **STOPS YOUR JOINTS FROM BREAKING DOWN**. Also helps speed other joint soothing nutrients right where it hurts.
- Just for Men: **PROTECT YOUR PROSTATE** with these two powerful herbs—saw palmetto is one of them, learn the other that works in tandem in this Special Report.

Turn the page NOW to reserve your **FREE GIFTS**
and **GET YOUR FREE SHIPPING AND HANDLING...**

Don't Forget FREE Gift #4...

FREE SHIPPING!

Hurry—it's FREE for the next 7 days only!

Place any order for *Revatrol* in the next seven days and you'll pay nothing for shipping and handling. That's an extra savings of \$5.95! This is your extra bonus for acting promptly, so please don't wait! Call 1-866-482-6678 now!



We promise...there's absolutely no risk



Revatrol

100% RISK-FREE money-back guarantee

Be assured there's no risk involved when you try *Revatrol*. I want to make sure you are completely satisfied, so let me make these three promises to you:

- ✓ With *Revatrol* you'll get the finest quality red wine extract with the highest OPC rating available. You can be sure that what we print on our label is what your body receives!
- ✓ If for any reason — within 30 days — you are unhappy with *Revatrol*, simply return the unused portion to us and we'll send you a full refund for the purchase price of the product. No questions asked.

✓ Even if you return your *Revatrol*, please keep all of the free gifts you've received as a thank you for giving it a try.

Renaissance Health offers this guarantee to you because we're confident that if you give *Revatrol* a try, you'll have no need to return it! See for yourself by ordering your supply of *Revatrol* today. Now is the best time to take advantage of the French secret that really works...and get the greatest savings with no risk whatsoever.

Wishing you the best of health,

William S. Gruss, M.D.
For Renaissance Health

ORDER THE EASY WAY!

1. By Mail: Fill out this easy order form. There's no need to fill in your name and address — just make any correction necessary, fold this and mail it using the postage-paid envelope inside to: Renaissance Health, 925 S Federal Hwy Ste 500, Boca Raton FL 33432

2. By Phone: For fastest service, call toll-free 1-866-482-6678 or 1-561-750-1418

3. By Internet: go to www.revatrol.com/order4/rh0807

Revatrol

Discount Savings Certificate



Yes!

I want the French secret to living longer and healthier! Please send me the Revatrol quantity I've indicated below. If I am unsatisfied with Revatrol for any reason, I will receive a full and prompt 100% refund and all of the FREE GIFTS are still mine to keep!

SAVE OVER 45%

- Very Best Discount:** A six-month supply of Revatrol (six boxes) and ALL THREE of my FREE Special Reports for just \$179.95 (reg. \$329.70) plus \$5.99 S&H—or if I order within 7 days, I'll get FREE shipping & handling and just pay \$179.95!

That's a savings of \$149.75!



This is the
LOWEST
PRICE PER
BOX!

SAVE OVER 39%

- Great Discount:** A three-month supply of Revatrol (three boxes) and TWO FREE Special Reports for just \$99.95 (reg. \$164.85) plus \$5.99 S&H—or if I order within 7 days, I'll get FREE shipping & handling and just pay \$99.95!

That's a savings of \$64.90!



Your
FREE GIFT
#1!
Your
FREE GIFT
#2!

- Good Discount:** A one-month supply of Revatrol (one box) and ONE FREE Special Report for just \$39.95 (reg. \$54.95) plus \$5.99 S&H—or if I order within 7 days, I'll get FREE shipping & handling and just pay \$39.95!



Your
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- I want **FREE SHIPPING & HANDLING...**
so I'm responding within 7 days!

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My check is enclosed for U.S. \$ _____
(Payable to Renaissance Health; FL residents add 6.5% sales tax)

Please charge my:

Card #: _____ Expires: _____

Amount: \$ _____ Signature: _____

Phone #: _____
(Optional, in case we have a question about your order)

Email address: _____

**FREE SHIPPING & HANDLING
on any order if you order
within 7 days!**

Save an extra \$5.99 per order.
Total prices with Free S&H are:

6-months = \$179.95

3-months = \$99.95

1-month = \$39.95



For fastest delivery,

call toll-free

1-866-482-6678

Many glasses of this or...



One little caplet a day that can ease dozens of your worst health worries:

- **HIGH CHOLESTEROL:** Give your arteries the fat-flushing nutrient they need to maintain healthy levels...page 12.
- **CONSTANT FATIGUE:** Provides extra that helps you feel vibrant and energized all day long...page 8.
- **HEART TROUBLE:** Helps lower dangerous homocysteine levels that can land you in the emergency room...page 12.
- **COLDS AND FLU:** Sends squads of free radical neutralizers to stamp out toxic invaders that make you sick...page 13.
- **MEMORY LOSS:** Keeps your thinking sharp and clear by nourishing your brain...page 4.
- **POOR CIRCULATION:** Keeps blood flowing properly to keep your vital systems working in top shape ...page 4.
- **AGING SKIN:** Gives maximum protection against free radical damage for skin that looks firm and vibrant...page 13.
- **HIGH BLOOD PRESSURE:** Keeps your blood vessels strong and flexible for normal blood pressure level...page 12.

And so much more! Learn more about this remarkable natural discovery inside this Special Issue, starting on page 3...

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