

Finally a Breakthrough...7 Hour Sleep Support*†

Scientifically advanced REMfresh® is #1 sleep doctor recommended.‡



What is melatonin and why is it important?

Melatonin is the body's key sleep ingredient, produced by the pineal gland in the brain. As people age, their bodies produce less melatonin than required for quality sleep.

Drug-free REMfresh: The first and only continuous release and absorption melatonin.

REMfresh uses your body's key sleep ingredient to mimic your natural sleep cycles.†

What is REMfresh? And what makes it different?

Only REMfresh is a hydrogel matrix tablet with patented, scientifically advanced IPP® technology which enables melatonin to be continuously released and absorbed throughout the entire GI tract, providing up to a full 7 hours of sleep support.†

many other melatonin products is often undisclosed or imported from China.

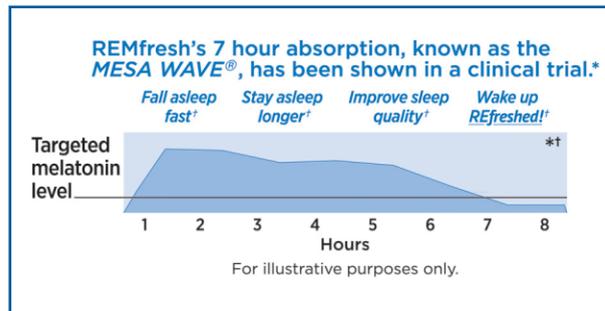
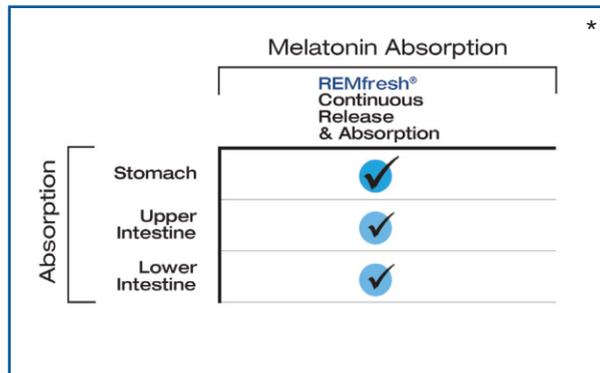
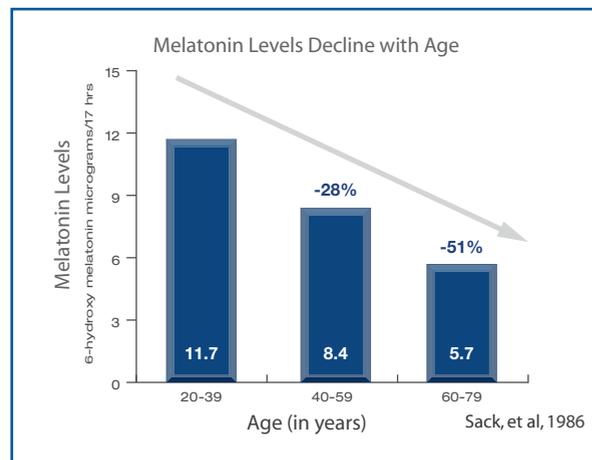
REMfresh is clinically tested.*

The patented REMfresh 7 hour continuous release and absorption system - delivering melatonin in a pattern known as the MESA WAVE® - has been demonstrated in a recent U.S.-based clinical trial. This advanced method maintains melatonin levels above the targeted sleep maintenance (stay asleep) threshold. That's the reason why REMfresh can deliver up to 7 hours of sleep support.†

The three most common sleep-related questions people ask:

Why do I occasionally have trouble falling asleep as I get older?

Melatonin levels decline dramatically with age, an important factor in poor quality sleep.



Try REMfresh tonight!

REMfresh helps you fall asleep faster, stay asleep longer and improve sleep quality.†



Your Nightly Sleep Companion®

For more information, visit us at REMfresh.com

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The REMfresh quality difference.

A recent university study has shown many melatonins may contain significant impurities and have inconsistent quality. REMfresh uses UltraMel®, 99% ultrapure melatonin. UltraMel is imported from Western Europe, while the source of

How much sleep do I actually need?

Everyone is different and requires different amounts of sleep. An Institute of Medicine report found that 7 hours is the optimal amount of sleep for the average healthy adult.

†These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

*REM Absorption Kinetics Trial (REMAKT), a pharmacokinetic trial of 5 mg REMfresh, not a sleep study. Results peer-reviewed and published in *Primary Care Companion for CNS Disorders* journal, 2019.

‡Among primary care physicians with a certification in sleep disorders who recommended a brand of melatonin. IQVIA ProVoice Feb-March 2020 survey.

Available at
Walmart

2786 Commercial Blvd., Chippewa Falls, WI 54729
3915 Gateway Dr., Eau Claire, WI 54701

4622 Mormon Coulee Rd., La Crosse, WI 54601
38020 US Highway 18, Prairie Du Chien, WI 53821

2501 West Ave, Rice Lake, WI 54868
1600 W Wisconsin St., Sparta, WI 54656